

NABL SINGLE A RULES:

- 1.** The main purpose of the Single A division of the North Adams Baseball League is to teach the basics of youth baseball. These basics include basic hitting, base running, fielding and the positions on the baseball diamond. Base runner advance after the hitter makes contact with the ball either from coach pitch or hitting off the tee.
- 2.** All players play each and every inning in the field and when batting. Position the players in the field accordingly, with players at pitcher, 1st base, 2 base, etc. All throws should be made to first base during the games. When batting, each player bats every inning in an order that allows the flow of the game to run smoothly. Coaches can pitch 3 balls to their players before getting the tee out to hit off of.
- 3.** Time frame of games is one hour (which is usually about 3 innings)
- 4.** Practices are usually only once per week (coaches decisions, please remember these kids are 4-6 years old), games are done on Saturdays beginning late May and going through the month of June.
- 5.** Please have as many coaches in the field as possible to help coach fielding during the game, also have coaches in the field as base coaches to help direct these young players to the proper bases.
- 6.** No score is kept during these games, no wins or loses are kept either.